



### What's happening?

This year the big PTA activity fundraiser will take place over a month from Saturday 12th June 2021 to Sunday 11th July. In honour of the 2021 Olympics, which are due to start on 23<sup>rd</sup> July, we would like pupils, families and teachers to help us cover the **9500km** from Wilmslow to Tokyo. You can walk, run, swim, scoot or cycle (or a combination of any).

Individuals or families will pledge to cover a certain distance over the month and seek sponsorship- the more challenging the pledge, the more money you will raise! Example- Mum pledges to run 50km and cycle 50km, Grandad pledges to swim 20km and walk 70km and child pledges to run 30km and walk 20km or a family may pledge to cover 250km between them.

### Keep track of your progress

You can download fitness and activity trackers on to phones (Strava, MapMy, Google Fit, Run Keeper) or use activity tracking watches to keep a tally of the distances you have covered. **At the end of each week** we would like people to either complete the google form (link will be publicised nearer the time) or they can tweet, email or post their weekly distance on Facebook group. Remember if four family members do a 5km walk together that is 20km in total.

### Getting out there

A family walk, a run around the block, a scoot to the park or a game of football- these can all count towards your pledged distance. As we want to get the school community back together we would like parents to organise to go on walks, runs, bike rides etc together and there will be **organised group walks, bike rides and runs of varying distances throughout the month** (details are being posted on the parents' Facebook group, PTA Twitter and Friday Flyer). If you can't join an organised activity we will also be posting details of the planned routes so people can complete separately. The school will provide opportunities during sports week for kids to work towards their pledges.

### Sponsorship

Collect sponsorship using the sponsorship form sent home or through our online event sponsorship page <https://wonderful.org/fundraisers/80>

### Keeping Updated

If you do an activity that you are particularly proud of, please share with us through the parents' Facebook page, by email (pta@stannesfulshaw.net) or via the PTA twitter account (@safpta). Also, look out for details of a sweepstake and photo competition.

We will provide an update every Monday on the previous week's total and how close to Tokyo we are!