



JOIN US FOR OUR FIRST
MISSION OF THE DAY on
HALLOWEEN - PREPARE THE
GHOSTS AND GOBLINS AND
COME IN WORKOUT KIT. Wear
your halloween costume if you want
as long as you can move in it!



www.movinginstinct.com ®

You are invited to your first class free
use coupon "**move-well**" in the cart

The Moving Instinct goblins will appear at St
Anne's Fulshaw School Tuesday 31st October
2017. Book a class online to attend. Ages
7-11.* 12 year olds can
attend if they have a sibling
at the school. **THREE**
SESSION TIMES 3:30-4:15,
4:30 to 5:15 and
5:15-6:00PM

