Dear Parents and Carers,

I hope you had a lovely half term with your child/children.

As you may be aware, as a school, we are aiming to retain our Platinum School Games Mark. To achieve this we are focusing on the following vision and mission statements as outlined by School Games this year.

## **Vision**

The School Games will make a positive and meaningful difference to the lives of children and young people through sport and physical activity.

## **Mission**

Putting physical activity and school sport at the heart of schools. Providing young people with the opportunity to enjoy and learn through competition to achieve their personal best.

The Chief Medical Officer (CMO) recommends that children should engage in moderate-to-vigorous intensity physical activity for an average of at least 60 minutes per day across the week. This can include all forms of activity such as physical education, active travel, after-school activities, play and sports.

As a school, we are aiming for all of our children to be active for at least 60 minutes daily, as per the recommendation from the CMO, and would like you to encourage your child to engage with as much physical activity as they can. If your child is in Key Stage 2, they will be recording their daily activity.

## Sporting Calendar this Half Term

## **Football Team**

Spring Term

07.03.2024 - Round 4

14.03.2024 - Round 5

21.03.2024 – Reserve date for round 4/5 if the weather is poor

Summer Term

18.04.2024 - Round 6

25.04.2024 – Proposed date for a tournament (TBC)

- Inter-school festivals and competitions across the spring and summer terms
- Multi-skills @ WHS (9.00am 11.25am) on 26.03.2024

This event is for children in Y5 and 6 who enjoy football, basketball and dodgeball. The children who are selected to take part in the event will receive consent forms closer to the date of the competition.

As we receive notifications of new events throughout the year, new events will be added to the calendar and parents of the children who are selected to attend will be notified.

We look forward to a sporting spring and summer, culminating in Sports Week at the start of July.

Best wishes,

Mr Harley