



St Anne's Fulshaw Church of England Primary School  
Nursery Lane, Wilmslow, Cheshire, SK9 5JQ

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Headteacher: Ms Clare Daniel BA (Hons) PGCE NPQH  
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Shine like stars

Monday 20<sup>th</sup> May 2019.

Dear Parents,

During our last half term, I will be spending part of Tuesday morning each week, while Year 5 are swimming and having brass lessons, discussing transition to High School and supporting the children as they prepare for this significant change. I will be using stories, discussion and answering the children's questions.

I will also be using this time to deliver three sessions dealing with growing up and the emotional and physical changes which they will experience during puberty, and also basic reproduction.

The first session will cover the physical and emotional changes that they will experience during the coming years and will include a video and a chance to discuss their feelings about these changes. We will also learn about how a baby is made, grows and is born as well as other issues such as consent, keeping safe online and the responsible use of social media. All the sessions will include time for the children to reflect and ask questions.

All of the materials that we are using have been recommended by the School Health Team and have been used by us before. They have been carefully selected for their sensitivity and accessibility to the children. Obviously, we will be highly sensitive to the needs of individual children during these sessions, and feel that it is important that this information is delivered at an appropriate level of understanding. We believe that it is also vital for parents to support the delivery of this unit of work, and to be prepared to answer questions at home. We also reinforce to the children the importance of discretion when discussing these varied issues in school, and the need to respect the right of younger children not to be told.

If you would like to talk about the materials that we will be using or have any concerns about how you could support this work at home, please come and chat to either Ms Daniel or me.

Yours sincerely,

Mrs P Thomas

