

♥ for you,  
with you



**Wirral Community**  
NHS Foundation Trust



School Nursing Service  
Oakenclough Childrens Centre  
Colshaw Drive  
Wilmslow  
Cheshire  
SK9 2PZ

Tel: 0300 123 4290

2018 / 2019 School Year

[www.wirralct.nhs.uk](http://www.wirralct.nhs.uk)

Dear Parent/Person with Parental Responsibility

### **Measuring the height and weight of children in reception year and year 6**

It is important to have a good understanding of how children are growing, so that the best possible advice and support can be provided for them and their families. Helping children to achieve a healthy weight is both a national and local priority.

Children in England in reception year and year 6 have their height and weight measured and your child's class will take part in this year's measurement programme. The measurements will be supervised by trained healthcare professionals. Children are fully dressed except for their coats and shoes and the measurements will be done in a private area away from other pupils.

Routine data, such as your child's name, sex, address, postcode, ethnicity and date of birth, will also be collected. This information will then be used within the local authority and NHS to help plan the provision of advice and support for children and their families in your area. This information will be stored on your child's health record. No child's height or weight measurements will be given to school staff or other children.

This data will also be submitted for national analysis and publication, in a way that means individual children cannot be directly identified. All information and results will be treated confidentially.

After the measurement, whether your child is a healthy weight, underweight, overweight or very overweight you will receive a letter explaining your child's weight. This letter will also include additional information around local opportunities and support to help children and families, if they choose, to make positive changes to achieve a healthier lifestyle.

Information about the weighing and measuring can be found at [www.nhs.uk/ncmp3](http://www.nhs.uk/ncmp3) and accessing the link to the National Child Measurement Programme.

However before your child participates in the programme we need your consent.

#### **CONSENT**

If you are happy for your child to be weighed and measured, you **DO NOT NEED TO DO ANYTHING**.

**If you do not want your child to take part**, please complete the form on the reverse of this letter and return it to your child's school reception office clearly marked for the attention of school nursing, within **2 weeks of receipt**.

Children will not be made to participate if they do not want to.

Yours faithfully  
School Nursing Team



**Wirral Community NHS Foundation Trust**  
Chair: Professor Michael Brown CBE DL  
Chief Executive: Karen Howell

FOR COMPLETION BY PARENTS WHO  
DO NOT WISH THEIR CHILD TO BE INCLUDED IN THE  
NCMP MEASUREMENT EXERCISE

**I do not** wish for my child to be weighed and measured by the School Nursing Team of Wirral Community NHS Trust.

Child's name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

School: \_\_\_\_\_

Class: \_\_\_\_\_

Parent's / Person with parental responsibility signature: \_\_\_\_\_

Parent's / Person with Parental responsibility name (please print): \_\_\_\_\_

Date: \_\_\_\_\_

**Please return this slip to your child's school reception  
office**

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### Office use Only

#### INSTRUCTIONS TO TEACHERS AND SCHOOL SECRETARIES

Please collect these at a central point at the school ready for collection by the School Nursing Team.

Many thanks

School Nursing Team