

St Anne's Fulshaw C of E Primary School

Physical Education Policy

Intent

At St Anne's Fulshaw C of E Primary School, we intend to provide a high-quality physical education curriculum that inspires children and allows them to succeed and excel in competitive sport and other physically-demanding activities. Our curriculum has been designed to provide opportunities for children to become physically confident in a way that supports their health, fitness and wellbeing.

Children are given the opportunity to compete in intra-school and inter-school sport and other activities, as competition is essential to building character, and helps to embed values such as fairness and respect.

Aims

- To ensure that all children are physically active for sustained periods of time
- To master basic movement in KS1 and to develop these skills into KS2.
- To perform dances with simple movement patterns in KS1 and to perform a range of movements patterns in KS2.
- To develop simple tactics and participate in team games in KS1 and to play competitive games in KS2.
- To develop competence to excel in a broad range of activities.
- In KS2 to compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- To encourage all children to lead happy, healthy and active lives.

Entitlement

All pupils should be experiencing a minimum of two hours of high quality physical activity every week during curriculum time, and have access to a range of different sporting activities through out of hours learning, organised by the school or by local clubs.

Pupils have opportunities to compete in intra and inter school competitions. Through this, they compete against other schools in Wilmslow and the surrounding area through the (MSSP) The Macclesfield School Sport Partnership.

Equal Opportunities

All pupils must have equal opportunities to reach their full potential across the curriculum, regardless of race, gender, cultural background, ability or any sensory or physical disability. Classrooms and activities are managed taking account of these issues, and curriculum materials which are not biased are used.

SEND

Early identification of children with SEND is essential to ensure these children maximise their potential across the curriculum. Classes contain children of mixed age and ability, so a wide range of activities are planned to accommodate different needs and abilities. Adaptations are made to accommodate specific needs of individual children as appropriate.

Implementation

Planning and Delivery

P.E. can be linked with literacy, science, maths, IT, art, geography and design technology. It is imperative that clear independent learning objectives are identified where cross curricular delivery takes place.

In Class 1, the children's learning is concentrated on developing their core strength, stability, balance, spatial awareness, co-ordination and agility.

Classes 2 and 3, and Classes 4 and 5 have a three year rolling programme, which ensures equality of access for all pupils throughout their education at St Anne's Fulshaw. (See appendix)

Subject Development

It is the responsibility of the subject leader to keep up to date with developments and issues in the Physical Education curriculum and beyond, and to advise and inform colleagues as necessary.

The subject leader will attend appropriate INSET and feed back to staff. They will also identify suitable CPD courses for other members of staff.

As appropriate, the subject leader will investigate and arrange activities and visits from specialists, in consultation with the head teacher, as well as trips out of school to support the delivery of the curriculum.

Impact

Monitoring and evaluating provision

The subject leader is responsible for development and evaluation of the P.E. curriculum to ensure continuity and progression across the school.

This includes:

- helping teachers with planning
- reviewing and updating policy as necessary
- observation of lessons and feedback
- analysing results of assessments to identify whole school strengths and weaknesses
- applying for the School Games Mark

Samples of work are collected from each year group in all classes to give an overview of coverage, attainment and progression.

Equipment and resources

The subject leader is responsible for the management of resources to support learning in P.E., ensuring they are up to date, available, appropriate and safe to use.

Health and Safety

Each teacher is responsible for ensuring that they safeguard pupils and minimise the risk of injury that may occur whilst teaching P.E. by following the guidance on safe practice as outlined by the Association for Physical Education.

Every teacher is first aid qualified staff, and in the case of an emergency on the playground or in the hall then a paediatric first aiders are sent for to advise and assist. Each class teacher has access to First Aid boxes.

Children are taught to use equipment correctly, store it safely and manage its use sensibly.

Because of the vigorous nature of Physical Education, all participants need to change out of their everyday uniform into appropriate clean clothing that provides freedom of movement and when necessary, some protection from the weather. A letter is released to parents of all new entrants to school detailing what is suitable to wear. All clothing must be clearly name tagged and kept in a suitable Physical Education bag.

No jewellery or watches of any description must be worn. Hair should not be falling over a child's face whilst taking part in PE and should be tied back. If stud earrings cannot be removed (recently pierced), then they must not be taped and the teacher must adapt the lesson accordingly to ensure complete safety.

Children who would be unable to fully take part in PE without assistive lenses are permitted to wear glasses, otherwise they should not be worn. If your child does require assistive lenses to fully take part in PE then we recommend that you discuss this with your child's optician and obtain either prescription sports goggles, glasses with polycarbonate lenses or a headband to secure glasses tightly to their heads.

For a number of sports, it is advised that participants wear personal protective equipment (PPE). It is the responsibility of teachers to advise parents in writing (this includes electronically via school communications, such as the Friday Flyer) that PPE is mandatory for safe participation prior to teaching the activity requiring PPE.

If a child does not have appropriate PPE, teachers will modify how activities are carried out in order to enable them to safe participation, if no spare PPE is available.

Last reviewed: 07.06.22

Appendix

Three year rolling plan

Year A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1	Locomotion: Walking	Dance: Nursery Rhymes	Gymnastics: High, Low, Over, Under Locomotion: Jumping	Ball Skills: Feet 1 Ball Skills: Hands 1	Ball skills: Hands 2	Games for understanding
Class 2	Locomotion: Dodging (Y2) Health and Wellbeing (Y1)	Ball Skill: Hands 1 (Y1) Dance: Growing (Y1)	Gymnastics: Wide and Narrow (Y1) Ball Skills: Hands 2 (Y1)	Team Building (Y1) Yoga (Class 2)	Dance: Explorers (Y2)	Games for Understanding (Y1)
Class 3	Locomotion: Running (Y1) Health and Wellbeing (Y2)	Ball Skill: Hands 1 (Y2) Dance: Witches and Wizards (Y3)	Gymnastics: Body Parts (Y1) Gymnastics: Linking (Y2)	OAA: Problem Solving (Y3) Games: Hockey (Y3)	Games: Cricket (Y3) Games: Netball (Y4)	Games: Tennis (Y3) Athletics: Competitions (Y3)
Class 4	Health Related Exercises (Y5) Games: Tag Rugby (Y4)	Dance: Space (Y4) Games: Dodgeball (Y5)	Gymnastics: Symmetry & Asymmetry (Y3) Games: Hockey (Y4)	OAA: Problem Solving (Y4) Games: Football (Y5)	Games: Cricket (Y4) Games: Tennis (Y4)	Athletics: Throwing and Jumping (Y5) Games: Rounders (Y5)
Class 5	Health Related Exercises (Y5) OAA: Problem Solving (Y5)	Dance: Carnival (Y6) Games: Dodgeball (Y6)	Gymnastics: Bridges (Y4) Games: Netball (Y5)	Games: Football (Y6) Games: Hockey (Y6)	Games: Cricket (Y6) Games: Tennis (Y6)	Athletics: Throwing and Jumping (Y5) Games: Rounders (Y5)

Year B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1	Locomotion: Walking	Dance: Nursery Rhymes	Gymnastics: High, Low, Over, Under Locomotion: Jumping	Ball Skills: Feet 1 Ball Skills: Hands 1	Ball Skills: Hands 2	Games for understanding
Class 2	Locomotion: Running (Y1) Health and Wellbeing (Y2)	Ball Skill: Hands 2 (Y2) Dance: Mr Candy's Sweet Shop (Y2)	Gymnastics: Body Parts (Y1) Team Building (Y2) Dance: Heros (Y1)	Gymnastics: Linking (Y2) Team Building (Y2)	Games for understanding (Y2) Games: Cricket (Y3)	Games: Football (Y3)
Class 3	Locomotion: Jumping (Y2) Health and Wellbeing (Y2)	Ball Skill: Hands 2 (Y2) Dance: Mr Candy's Sweet Shop (Y2)	Gymnastics: Body Parts (Y1) Games: Dodgeball (Y3)	Games for Understanding (Y2) Games: Football (Y3)	OAA: Orienteering (Y3) Games: Cricket (Y3)	Athletics: Throwing and Jumping (Y3) Games: Rounders (Y3)
Class 4	Health Related Exercises (Y5) Games: Tag Rugby (Y5)	Gymnastics: Counter Balance & Counter Tension Dance: Greeks (Y5)	Gymnastics: Bridges (Y4) Games: Dodgeball (Y4)	Games: Hockey (Y5) Games: Football (Y4)	OAA: Orienteering (Y4) Games: Netball (Y5)	Games: Tennis (Y4) Games: Cricket (Y5)
Class 5	Health Related Exercises (Y6) Games: Tag Rugby (Y5)	Dance: Greeks (Y5) Games: Dodgeball (Y6)	Gymnastics: Counter Balance & Counter Tension (Y5) Yoga*	Games: Hockey (Y5) Games: Football (Y6)	OAA: Orienteering (Y5) Games: Tennis (Y5)	Games: Cricket (Y5) Athletics: Athletics (Y6)

Year C	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1	Locomotion: Walking	Dance: Nursery Rhymes	Gymnastics: High, Low, Over, Under Locomotion: Jumping	Ball Skills: Feet 1 Ball Skills: Hands 1	Ball skills: Hands 2	Games for understanding
Class 2	Locomotion: Jumping 1 (Y1) Health and Wellbeing (Y2)	Ball Skills: Feet (Y2) Dance: Water (Y2)	Gymnastics: Pathways (Y2) Yoga	Ball Skills: Hands 2 (Y1) Dance: The Zoo (Y1)	Games for Understanding (Y2) Games: Dodgeball (Y3)	Games: Football (Y3)
Class 3	Locomotion: Jumping (Y1) Health and Wellbeing (Y2)	Ball Skills: Feet (Y2) Dance: Weather (Y3)	Gymnastics: Pathways (Y2) Games: Tag Rugby (Y3)	Team Building (Y2) Games: Hockey (Y3)	OAA: Communication & Tactics Games: Tennis (Y3)	Games: Netball (Y3) Athletics: Competition (Y3)
Class 4	Health Related Exercises (Y5) OAA: Communication & Tactics (Y4)	Dance: World War 2 (Y4) Games: Dodgeball (Y4)	Gymnastics: Matching & Mirroring (Y6) Games: Tag Year (4)	Games: Football (Y5) Games: Netball (Y4)	Games: Hockey (Y5) Games: Tennis (Y5)	Games: Cricket (Y4) Games: Rounders (Y4)
Class 5	Health Related Exercises (Y6) OAA: Communication & Tactics (Y5)	Dance: Titanic (Y6) Games: Dodgeball (Y6)	Gymnastics: Matching & Mirroring (Y6) Yoga*	Games: Football (Y5) Games: Netball (Y6)	Games: Hockey (Y6) Games: Cricket (Y5)	Games: Tennis (Y5) Athletics: Running (Y5)

