

Risk Assessment Form

Walk location

Date

Assessment carried out by

Hazard	Who might be harmed	How is the risk controlled
Traffic/roads Please add walk specific details (e.g. Names of specific roads):	All walkers	<ul style="list-style-type: none"> Warn walkers in pre-walk talk Cross at safer places (e.g. zebra crossings) Keep group together Wear hi-vis vests
Dual use paths (e.g. cycling and walking) Name of path: Where on route:	All walkers, particularly those with sensory impairments	<ul style="list-style-type: none"> Inform group at the beginning of the walk if any of the route will be on shared use paths Keep to one side of the path, check the group is not drifting across path Ask walkers to help warn others of bikes approaching Take extra care when crossing
Dogs mess	All, particularly children	<ul style="list-style-type: none"> Warn in pre-walk talk Warn as necessary on route
Dogs	All, particularly those fearful of dogs	<ul style="list-style-type: none"> Warn in pre-walk talk and as necessary on route Keep nervous walkers away from dogs and warn dog owner to keep dog away from group If dogs are allowed on walks they should be kept on a lead at all times
Over hanging branches	All	<ul style="list-style-type: none"> Warn in pre-walk talk and as necessary on route.
Weather Add specific details (e.g. very exposed?):	All, particularly those that are frailer and aren't dressed appropriately	<ul style="list-style-type: none"> Check walkers' clothing at beginning of walk Take water, hats, rain coats, etc. Be aware of places to shelter Abandon walk if necessary
Other people	All	<ul style="list-style-type: none"> Keep walking group together Be considerate of others - avoid blocking

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		entrance ways and paths <ul style="list-style-type: none"> • Move past any potentially threatening group avoiding eye contact • Carry an attack alarm, should you feel there is cause to do so. • Have a charged mobile to hand
Slips, trips and falls Please note specifics (e.g. running water nearby, slippery/uneven path etc.):	All walkers particularly those with balance difficulties/mobility issues	<ul style="list-style-type: none"> • Warn in pre-walk talk and as necessary on route • Help walkers around muddy spots, narrow paths, etc. • Abandon walk if path accessibility is very bad
Inclines Please note specifics:	All walkers, particularly those with heart problems e.g. Angina	<ul style="list-style-type: none"> • Warn in pre-walk talk • Be aware of walkers' health needs • Allow everyone to take inclines at their own pace • Remind walkers to take and use medication if necessary • Rest at hill tops and wait for group
Stiles	All, particularly those with balance difficulties/mobility issues	<ul style="list-style-type: none"> • Warn in pre-walk talk • Help walkers as necessary over stiles
Under 18 participants	Those accompanied by under 18 year old	<ul style="list-style-type: none"> • Ensure that they are accompanied by a responsible adult and that the adult has listened to any briefing. Make them accompanying adult aware that they are responsible for supervising the child at all times.
Watercourses	All	<ul style="list-style-type: none"> • Warn in pre-walk talk • Ask walkers to keep away from edges with no barriers • Bring walkers attention to warning signs and life rings
Other		
Golf Courses	All walkers	<ul style="list-style-type: none"> • Warn in pre-walk talk about checking fairways are clear
Hot weather	All walkers	<ul style="list-style-type: none"> • Remind walkers to bring plenty of water, sun hats and sun cream