



# Parent Workshop

## Understanding Self-harm

### What:

We'll look at ways to support children and young people who self-harm and break down some of the stigmas associated with self-harm and thoughts of suicide.

### When:

Wednesday 7th August 2024  
10:30am - 12:00pm

### Where:

At Fellowship House, Park Road,  
Congleton, CW12 1DP

### Book now

Email:

[FamiliesandCommunitiesTeam@Visyon.org.uk](mailto:FamiliesandCommunitiesTeam@Visyon.org.uk)

Call: 01260 290000

