

# SCHOOL LUNCH MENU WEEK 2

## MONDAY

TANDOORI CHICKEN OR QUORN  
WITH NOODLES OR VEGETABLE  
RICE AND A PARATHA

HOMEMADE COOKIE

MILK, WATER OR JUICE

## TUESDAY

PIZZA WITH A CHOICE OF  
TOPPINGS AND SALAD

HOMEMADE CUPCAKE

MILK OR WATER

## WEDNESDAY

HOMEMADE SAUSAGE ROLL OR  
VEGGIE SAUSAGE ROLL WITH  
POTATO DUCKS AND BEANS

HOMEMADE FLAPJACK

WATER OR JUICE

## THURSDAY

CREAMY BROCCOLI PASTA OR  
TOMATO PASTA WITH SALAD

HOMEMADE COOKIE

WATER OR MILK

## FRIDAY

HOMEMADE CHICKEN NUGGETS  
OR VEGGIE NUGGETS IN A WRAP  
WITH SALAD

JAM TART

JUICE, WATER OR MILK

ON MOST DAYS, SALAD WILL  
INCLUDE THE FOLLOWING:  
CARROTS, PEPPERS, LETTUCE,  
TOMATOES, RADISH, CUCUMBER  
AND BEETROOT

EVERY DAY, FRUIT IS ON THE  
MENU INCLUDING: APPLES,  
ORANGES, BANANAS, GRAPES,  
MELON AND KIWI FRUIT